



GHA Resident Services Newsletter

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Senior Health Fair

The senior health fair is a free event and is open to the community, their caretakers, adult service professionals and the general public. We welcome caregivers or people who are looking for resources to learn about potential support and resources available

in the community. Make sure to stop at each booth to get information from vendors and ask questions about services. This event will be held September 19th at Holland House from 10am-Noon and also September 20th at Gulf Breeze 10am-Noon. This event

is open to the public so we encourage you to invite your friends and family. There will be food and door prizes too!



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Health Matters

Doctors appointments are very important. If you need to miss an appointment call your doctor to reschedule. If you already missed an appointment you

should call and reschedule. Many doctors have stopped seeing Medicaid members due to failure to show up. Keep your medication up to date. It is im-

portant to know about your medicine and avoid possible problems. The more you know and talk to your doctor the easier it is to avoid problems.





Parking

Parking lots are for resident parking only. Overnight guests must find parking on the street around the building. Residents who own more than one vehicle must only

park one vehicle in the parking lot the other vehicle will also need to be parked on the street around the building. Parking space is limited. To allow all residents the oppor-

tunity for a parking space we ask for your cooperation. Cars are to be registered with the office upon move in. Stickers will be checked for towing.

“To the world you may be one person, but to one person you are the world”

Volunteers

There are a variety of events that take place at GHA. We are very fortunate to have dedicated volunteers. Most events require set

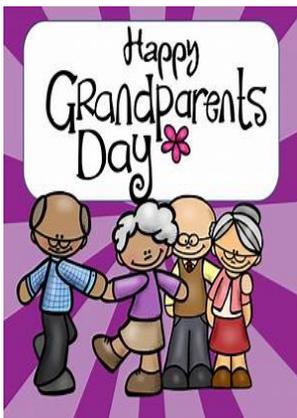
up, break down and clean up. Our regular volunteers are dedicated from start to finish. We ask that any new volunteer show the

same dedication. We greatly appreciate all of our

Grandparents Day

Grandparents Day is always celebrated the Sunday after Labor Day. Let’s appreciate the lives of Grandparents. Continue to share

joy and wisdom with the ones you love. The official flower is Forget-Me-Not and the official song is “A song for Grandma and Grandpa”



Seaside Senior Expo

Moody Methodist Church will be hosting its 6th annual senior expo Friday Sept. 7 9am-1pm. Free educational sessions (bone joint health, lung cancer info, elder law, exercise and

more), free lunch, door prizes and musical entertainment. This free event provides health care information to seniors, family members and care givers. Residents interested

in attending please sign up with resident services for transportation to the expo and back to your building. Space is limited so sign up quickly for a ride.



Movie Day

Hello Residents, GHA is pleased to be partnered with United Health Care in bringing some enjoyment to our residents. Last month Unit-

ed hosted a movie at Premier Cinema on the Seawall and they are doing it again this month. We are asking for participants.

Please sign up and bring your friends! Let's make this event great. Again we will ask that no children participate.

September Word of the Month

Salubrious

sal•lu•bri•ous

Favorable to or promoting health or well being

Events in Galveston

Galveston Volleyball Tournament
Sept. 1 East Beach at 9am.
Roaring 20's Costume Party
Art Opening 7pm

Sept. 1 @ 2111 Postoffice St.
Movie Night on The Strand "The Never Ending Story" Sept. 1 7pm. Music

Night on The Strand "The Fab 5" Sept. 8 6pm-9pm. Shrimp Festival Sept. 29 2314 Stand St. 9am-9pm



Across

- 1. Spreadsheet filler
- 5. Takes to the cleaners, so to speak
- 10. 1963 role for Liz
- 14. Some performers' problems
- 15. Action locus
- 16. Cry of discomfort
- 17. Young series
- 20. MPG raters
- 21. It may be Dutch
- 22. Buenos ____
- 23. Linked, in a way
- 25. Star starter
- 26. Moving sight?
- 27. Anthropoidal creatures
- 32. Detractor
- 35. Park Avenue, e.g.
- 36. Reminiscence word
- 37. June's advice?
- 41. Trophy part
- 42. Part of a flight
- 43. In the cellar
- 44. Type of roll
- 46. Sea extension
- 48. "Platoon" setting, briefly
- 49. Purge, as bad thoughts
- 53. Post-game show
- 56. Plains Indian
- 58. First name in advice-giving
- 59. Ricky's parents
- 62. Kind of hygiene
- 63. Racing event
- 64. Till the end of time
- 65. Olympus Mons site
- 66. Kids with curfews
- 67. " ____ funny. Ha, ha!"

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DOWN

- 1. Put off
- 2. Visibly astonished
- 3. Aggregate
- 4. Hockey stick wood
- 5. Nonproductive
- 6. Ticked off
- 7. Musical Horne
- 8. Group of toads
- 9. Word with whip or rip
- 10. Shepherd of "Moonlighting"
- 11. Lounge lizard's look
- 12. Ultimatum ender
- 13. Stops being indecisive
- 18. Blues singer James
- 19. Type of solution
- 24. Tel ____
- 25. Stately steed
- 27. See the light
- 28. Garlic trait
- 29. Hot rock
- 30. Gets mellow
- 31. Collate
- 32. Knighted Guinness
- 33. Within view
- 34. Gross minus net, to a trucker
- 35. First name in slapstick
- 38. Con's preoccupation
- 39. Gossip tidbit
- 40. ____ mater
- 45. Slow movers
- 46. Irving Berlin classic
- 47. Kind of admiral
- 49. One-time "King of Broadway"
- 50. Easily conned
- 51. Display disdain
- 52. Diary bit
- 53. Board's partner
- 54. Pound of literature
- 55. Ivan, for one
- 56. It may be slapped
- 57. Like some chatter
- 60. Public hanging?
- 61. Abbr. for Jesse Jackson

Happy Birthday

Jannesha Smith	September 3	Rena Polite	September 12
Janie Morales	September 4	Ollie Moore	September 12
Delores Walker	September 4	Dorothy Jones	September 13
Jensen Cooper	September 6	Ella Stanford	September 13
Elisa Trevino	September 6	Carla McMurrin	September 13
Rodney Thomas	September 7	Nathan Gaddis	September 15
Anndria Goulsby	September 7	Victor Clements	September 16
Ronald Ward	September 7	Beverly Crawford	September 16
Johnnie Campbell	September 7	Ida Manning	September 17
Randal Ferguson	September 7	Shelia Heflin	September 17
Glenn Wilson	September 7	Josephine Frederick	September 19
Maria Melendez	September 8	Stella Lucas	September 19
Jayden Beverly	September 9	John Dickison	September 20
Gloria Michael	September 9	Robert McHone	September 22
Kenneth Chisom	September 10	David Hicks	September 23
Beverly Bacon	September 10	Robert Littlejohn	September 23
Janice Solomon-Foley	September 10	Anello Dambra	September 23
Patricia Glenn	September 10	Mario Serna	September 24
James Nichols	September 10	Lynette Martinez	September 24
Carlos Cuellar	September 10	Wynomie Craig	September 25
Rose Mary Sargent	September 10	Barbara Stevens	September 29
Clarence Hart	September 11	Cassie Boren	September 29
Princella Hotchkins	September 11	Debbie Butler	September 30



September 3

LABOR DAY-CLOSED

September 4

New Resident Meet & Greet

Gulf Breeze-5:30pm

September 7

Seaside Senior Expo

9am-1pm

September 8

Garage Sale-Gulf Breeze

8am-4pm

September 8

Loteria Bingo-Holland House

5pm

September 10

Resident Council Meeting-Holland House

3pm-4pm

September 11

Mobile Food Truck-Gulf Breeze

1pm-3pm

September 5

New Resident Meet & Greet

Holland House-5:30pm

September 15

Movie Day-Holland House

4pm

September 12

Benefits Counselors-Gulf Breeze

10am

September 19

Resident Council Meeting-Gulf Breeze

4pm-5pm

Free Family Style Dinner-Gulf Breeze

5pm-6pm

September 19

Senior Health Fair-Holland House

10am-Noon

Sept 20

Senior Health Fair-Gulf Breeze

10am-Noon

September 24

Jesse Tree-Gulf Breeze

1pm-3pm

September 25

Jesse Tree-Holland House

10am-Noon

September 26

Jesse Tree-Oaks

10am-Noon

September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 CLOSED	4 HH Walmart AM Kroger PM	5 GB Walmart AM Kroger PM	6	7	8
9	10 All Sites Dollar Tree AM Randalls PM	11 GB FOODTRUCK 1PM-3PM	12 GB Walmart AM Kroger PM	13	14	15
16	17 All Sites Dollar Tree AM Randalls PM	18 HH Walmart AM Kroger PM	19 GB Walmart AM Kroger PM	20	21	22
23 30	24 All Sites Dollar Tree AM Randalls PM	25 HH Walmart AM Kroger PM	26 GB Walmart AM Kroger PM	27	28	29

Store trips are every Monday, Tuesday and Wednesday.

Pick up for AM trips start at 7:15 am. The last building pick up is 9 am. All shopping must be completed by 11:00 am.

Pick up for PM trips start at 12:15 pm. The last building pick up time is 2:00 pm. All shopping must be completed by 3:00 pm.

Oaks turn on back light for pick-up

GHA Contact Information

Executive Office
(409) 765-1905
Mona Purgason, ED

**Central Maintenance/
After Hours**
(409) 765-1921
John Williams,
Director

Public Housing/HCV
(409) 765-1906
Maria Godwin,
Director

Gulf Breeze
(409) 765-1925
Michelle Holt,
Manager

Gulf Breeze
Mary Toussant,
Assistant Manager

Holland House
(409) 765-1922
Caressa Lynch,
Manager

Charles McVey,
Assistant Manager

Resident Services
(409) 765-1920
Odelia Williams,
Director

(409) 770-3015
Tyese Sweet,
Coordinator

Resident Service
Charles Fields,
Transportation
(409) 370-5698

GHA Email
info@ghatx.org

GHA Website
www.ghatx.org

GHA Tip Line
(409) 765-1917

**Police
Non-Emergency**
(409) 765-3702



GARAGE SALE

SATURDAY SEPT. 8

8AM-4PM

GULF BREEZE

Did You Know? We're On The Web

GHA is on Twitter and Facebook! Stay up to date on GHA's Holiday closings, safety and weather information and updates in times of emergency.



Search
Galveston Housing Authority



Follow us on Twitter
@GalvestonHA

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